

# Lesbian Cancer Initiative

## *Resource Guide*

The Lesbian, Gay, Bisexual & Transgender Community Center  
208 W. 13<sup>th</sup> Street | New York, NY 10011 | 212-620-7310  
[www.gaycenter.org/lci](http://www.gaycenter.org/lci)

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## WELCOME TO LCI

Lesbians, bisexual women, and transgender people face unique challenges after receiving a cancer diagnosis. The Lesbian Cancer Initiative is here to help.

The **Lesbian Cancer Initiative (LCI)** is a program of the Lesbian, Gay, Bisexual & Transgender Community Center that offers a continuum of prevention, education and support services for lesbians, bisexual women and transgender (LBT) people and their caregivers regarding cancer.

Some of the free services that LCI provides are:

- ☆ Short term counseling
- ☆ Referrals for health and social services and for free screening and mammograms
- ☆ Support groups for survivors and care partners
- ☆ An LCI e-newsletter - sent out every 1-2 months, containing info about LCI groups, services, events and other happenings of interest to the LCI community
- ☆ LBT cancer education and prevention outreach to community groups
- ☆ Educational, support, networking and community-building events
- ☆ Community-based Breast Cancer Initiative, providing breast cancer support and education to LBT people living in Communities of Color
- ☆ Cultural competency training: "Cancer Care is for EveryBODY: Basics for Providers Working with Lesbians, Bisexual Women & Transgender People"

### CONTACT US

We are located at The Lesbian, Gay, Bisexual & Transgender Community Center

208 West 13<sup>th</sup> St, New York, NY 10011

Call 212-620-7310 to talk, for more information or to schedule an appointment with an LCI counselor.

You can also email us at [lcigaycenter.org](mailto:lcigaycenter.org), or visit our website at [www.gaycenter.org/lci](http://www.gaycenter.org/lci) where you can sign up for our monthly email newsletter.

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## ***Disclaimer***

The first section of this resource guide lists organizations whose services are designed to address the specific needs of lesbians, bisexual women and transgender (LBT) people, and in some cases the LGBT community in general.

The second section lists general cancer-related resources that may be of interest and assistance to LBT people confronting cancer. Some mainstream organizations listed have offerings that are specifically LBT-related, and we have done our best to indicate this.

In general, this list contains selected resources that may be of interest to the Lesbian Cancer Initiative's community; the list is not comprehensive. LCI and the Center are not responsible for content in the resources and services listed herein. Additionally, being included on this list does not constitute an endorsement of these resources and services. We also expect that they are willing to accommodate LBT clients with full respect but we cannot guarantee LBT culturally competent service delivery.

In addition, LCI is not a medical organization. We do not endorse the information contained in any of the publications listed herein or that you receive from a listed organization, and it is in no way to be considered medical advice. You must consult with a qualified physician before you undertake any course of treatment, fitness or nutritional program.

Please feel free to share your feedback with us at [lcigaycenter.org](mailto:lcigaycenter.org).



**YOU'RE NOT ALONE:**  
**Support Groups, Online Communities, &**  
**Cancer Information Resource Links**  
**Lesbians, Bisexual Women & Transgender People**

**Lesbian Cancer Initiative (LCI)** ♀@ ☀ ☺ ↔

208 W. 13<sup>th</sup> Street  
New York, NY 10011  
212-620-7310  
lci@gaycenter.org  
www.gaycenter.org/LCI

The Lesbian Cancer Initiative (LCI) offers a continuum of cancer-related services to lesbians, bisexual and transgender women, their caregivers, partners and loved ones. These services include support groups, prevention/outreach activities, educational events and LBT cultural competency training for cancer-care providers. Support group services are co-sponsored by SHARE (Self Help for Women with Breast or Ovarian Cancer). Visit the website to sign up for our email newsletter.

**Lesbian Health Research Center at UCSF** ♀ ↔

3333 California Street, Suite 340  
San Francisco, CA 94118  
415-502-5209  
LHRC@UCSF.EDU  
www.lesbianhealthinfo.org

General health and current research information, as well as resource links.

**Long Island Lesbian Cancer Initiative (LILCI)** ♀@ ☀ ↔

471 North Broadway #123  
Jericho, NY 11753  
1-888-LILCINY  
info@lilci.org  
www.lilci.org

LILCI is a grassroots social justice, non-profit agency dedicated to lesbian health and wellness with an emphasis on cancer through education, advocacy, research and support services including online, via phone, or in person at locations throughout Long Island.

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**Mautner Project, the National Lesbian Health Organization** ♀@ ☼↔

1875 Connecticut Avenue, NW, Suite 710  
Washington, DC 20009  
1-866-MAUTNER

info@mautnerproject.org  
www.mautnerproject.org

This national lesbian health organization offers a phone and/or online Peer Support Network, in-person support for LBT women living in the Metropolitan DC area, nationwide community outreach including workshops, and the production and distribution of health-related books, brochures, and other education materials targeted specifically for the LBT community.

**The National LGBT Cancer Network (NYC Hub)** ♀↔

136 West 16 St. #1E  
New York, NY 10011

info@cancer-network.org  
www.cancer-network.org

The National LGBT Cancer Network works to improve the lives of LBGCT cancer survivors and those at risk through education, increasing awareness via the internet and other media, advocacy, giving voice to LGBT cancer survivors through participation on boards of local and national cancer organizations and consulting to cancer care providers on the inclusion of LGBT people in both their outreach and services.

**Out With Cancer** ♀@

www.outwithcancer.com

Internet resource for Gay, Lesbian, Bi, and Trans men and women diagnosed with cancer. Create a circle of friends who share your diagnosis or simply want to support you, write your own blog, contact other members who are dealing with cancer, post photos and profiles, promote your own event or attend other members' events, chat live in online support groups, clubs and one-to-one sessions, make new friends.

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**YOU'RE NOT ALONE:  
Support Groups, Online Communities, &  
Cancer Information Resource Links  
General Population**

**ACOR: Association of Cancer Online Resources @↔**

212-226-5525

feedback@acor.org

www.acor.org

ACOR develops and/or hosts a large collection of free cancer-related Internet mailing lists, support communities, and state-of-the-art Internet based knowledge systems that allow the public to find and use credible information relevant to their illness.

**ACS: American Cancer Society @☼↔**

800-ACS-2345

www.cancer.org

The American Cancer Society (ACS) is a nationwide, community-based voluntary health organization with over 3,400 local offices throughout the U.S. The website provides information on all types of cancer, related resources, and ACS programs.

**Agency for Healthcare Research and Quality ↔**

(301) 427-1364

www.ahrq.gov

General screening guidelines and literature review on which guidelines are based.

**Cancer and Careers @↔**

www.cancerandcareers.org

This website provides an online forum filled with information intended for the working woman with cancer. Many women have to –and want to – work during and after treatment. Cancer and Careers offers information and tools to help working women manage their battle with cancer “as effectively as they manage the rest of their lives.”



### **CancerCARE** @☀️☺️\$

275 Seventh Avenue, Floor 22  
New York, NY 10001  
800-813-HOPE  
info@cancercare.org  
www.cancercare.org

CancerCARE is a national nonprofit organization that provides free, professional support services – both online, by phone, and in person - for anyone affected by cancer, including family members.

### **Cancer Hope Network** ☀️↔️

2 North Road, Suite A  
Chester, NJ 07930  
(877) 467-3638  
info@cancerhopenetwork.org  
www.cancerhopenetwork.org

Cancer Hope Network is a not-for-profit organization that provides confidential one-on-one support to cancer patients and their families. They provide that support by matching cancer patients and/or family members with trained volunteers who have themselves undergone and recovered from a similar cancer experience.

### **CarePages** @☺️

4043 N. Ravenswood Avenue, Suite 301  
Chicago, IL 60613  
(888) 852-5521  
www.carepages.com

CarePages are free, personal, private web pages that help family and friends communicate when someone is receiving care. CarePages has partnered with Lotsa Helping Hands to provide friends, family, colleagues, and neighbors a system for coordinating their efforts to assist loved ones in need.

### **Cancer Survivors Network** @☺️

www.acscsn.org

The American Cancer Society created the Cancer Survivors Network, an online community of cancer survivors, families, and friends. The mission of the program is to provide a “private, secure way to find and communicate with others who share your interests and experiences” and ultimately for participants to share their experiences, strengths and hopes.

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## **Chemo Angels** ☼↔

P.O. Box 1971  
Julian, CA 92036  
ChemoAngels@prodigy.net  
www.chemoangels.net

Chemo Angels is a volunteer organization dedicated to supporting people undergoing IV chemotherapy treatment for cancer by matching patients who are going through the difficult experience of chemotherapy with “Angels” – volunteers who are cancer survivors themselves or people whose lives have been affected by cancer in some way who provide support through notes, cards, and small gifts. In addition, the service provides information and cancer related resources.

## **ClinicalTrials.gov** ↔

www.clinicaltrials.gov

This site offers up-to-date information for locating federally and privately supported clinical trials for a wide range of diseases and conditions. ClinicalTrials.gov currently contains over 36,000 clinical studies sponsored by the National Institutes of Health, other federal agencies, and private industry. Studies listed in the database are conducted in all 50 states and in over 130 countries. Searches may be done by diagnosis, sponsor, or recruitment status.

## **Family Caregivers Association** ♀☼⊕↔

180 Montgomery St, Suite 1100  
San Francisco, CA 94104  
800-445-8106  
info@caregiver.org  
www.caregiver.org

The FCA describes itself as a “public voice for caregivers.” The organization has developed a wide array of services and publication based on caregiver needs and offers programs at local, state, and national levels that provide information, education, services, research and advocacy in order to support and sustain the important work of families caring for loved ones with chronic, disabling health conditions.

## **Gilda’s Club** ♀☼⊕

195 West Houston Street  
New York, NY 10014  
212-647-9700  
www.gildasclubnyc.org

Since 1995, Gilda’s Club has provided a meeting place where anyone living with cancer – and their family and friends – can join together to build social and emotional support as a supplement to medical care free of charge. Gilda’s Club NYC offers a monthly LGBT networking group.

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### **Kids Konnected** ☀️👤

(866) 891-2392

[www.kidskonnected.org](http://www.kidskonnected.org)

Kids Konnected's mission is to provide friendship, understanding, education and support for children who have a parent with cancer or who have lost a parent to cancer. Some of the services provided include a hotline, newsletter, support groups, and summer camps. In NYC, Kids Konnected meets at SHARE at the Jewish Community Center in Manhattan.

### **LIVESTRONG (Lance Armstrong Foundation)** ☀️👤↔️\$

P O Box 161150

Austin, TX 78716-1150

866-235-7205

[www.livestrong.org](http://www.livestrong.org)

LIVESTRONG is a non-profit organization that seeks to inspire and empower people affected by cancer. The LIVESTRONG SurvivorCare program offers counseling services, help with financial, employment or insurance issues and information about treatment options and new treatments in development. These services are available for all those affected by cancer including those diagnosed, caregivers, family and friends.

### **Living Beyond Breast Cancer (LBBC)** @ ☀️↔️

888-753-LBBC (5222)

[www.lbbc.org](http://www.lbbc.org)

LBBC is an educational organization that aims to empower women with breast cancer to live as long as possible with the best quality of life. LBBC offers an interactive message board and information about upcoming conferences and teleconferences on its website. In addition, the organization has a toll-free Survivors' Helpline, a Young Survivors Network for women diagnosed with breast cancer who are age 45 or younger, and outreach programs for medically underserved communities. LBBC also offers a quarterly educational newsletter and a book for African American women living with breast cancer.

### **Lotsa Helping Hands** @ 👤

[info@lotsahelpinghands.com](mailto:info@lotsahelpinghands.com)

[www.lotsahelpinghands.com](http://www.lotsahelpinghands.com)

Lotsa Helping Hands is a simple, immediate way for friends, family, colleagues and neighbors to assist loved ones in need. Users can create a free, private webpage and then invite family and friends to view a private group calendar, specifically designed for organizing helpers to facilitate the daily tasks necessary to keep life running smoothly during a crisis: delivery of meals, babysitting, etc. Use of the site is free of charge.

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### **National Breast Cancer Coalition (NBCC) ↔**

1101 17th Street, NW, Suite 1300  
Washington, DC 20036  
800-622-2838  
[www.stopbreastcancer.org](http://www.stopbreastcancer.org)

NBCC is a breast cancer advocacy group that educates and trains individuals to become advocates who effectively influence public policies that affect breast cancer research and treatment. It also promotes breast cancer research, and works to improve access to high-quality breast cancer screening, diagnosis, and treatment for all women.

### **National Cancer Institute (NCI) @↔**

800-4-CANCER or TTY: 800-332-8615  
[www.cancer.gov](http://www.cancer.gov)

The National Cancer Institute (NCI) – run by the National Institute of Health – provides information about numerous cancer-related topics; access to literature from the PubMed database; updates on NCI-supported research; funding opportunities, and special reports. Additionally, they offer information and web pages in multiple languages. The NCI's Cancer Information Service is a national information and education network of trained staff offering the latest and most accurate information on cancer and cancer treatment. This service provides referrals to medical and support services.

### **National Coalition for Cancer Survivorship (NCCS) ↔**

1010 Wayne Avenue, Suite 770  
Silver Spring, MD 20910  
888.650.9127  
[info@canceradvocacy.org](mailto:info@canceradvocacy.org)  
[www.canceradvocacy.org](http://www.canceradvocacy.org)

The National Coalition for Cancer Survivorship is the oldest survivor-led cancer advocacy organization in the U.S. As a highly respected and influential voice at the federal level, NCCS continues to advocate for quality cancer care for all Americans and empowering cancer survivors. NCCS has also developed several programs with the goal of informing and empowering all those living with a cancer diagnosis through credible and accurate information.

### **National Family Caregivers ☀️☺️↔**

10400 Connecticut Avenue, Suite 500  
Kensington, MD 20895-3944  
800-896-3650  
[info@thefamilycaregiver.org](mailto:info@thefamilycaregiver.org)  
[www.thefamilycaregiver.org](http://www.thefamilycaregiver.org)

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Educates, supports, empowers and gives a voice to the 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age. The website provides links to information and community resources and to the Caregiver Community Action Network (CCAN) as a means to educate, provide support, and connect family caregivers to a community and each other. All members of CCAN have experienced family care giving and act as mentors, helping to assist others to find information and support.

### **National Ovarian Cancer Coalition** ♀↔

2501 Oak Lawn Avenue, Suite 435  
Dallas, Texas 75219  
214-273-4200  
1-888-OVARIAN  
nocc@ovarian.org  
www.ovarian.org

NOCC's mission is to raise awareness and promote education about ovarian cancer. The Coalition is committed to improving the survival rate and quality of life for women with ovarian cancer.

### **Office of Cancer Complementary and Alternative Medicine (OCCAM)** ↔

800-4-CANCER  
www.cancer.gov/cam

Coordinates and enhances the activities of the National Cancer Institute (NCI) in the arena of complementary and alternative medicine (CAM).

### **Ovarian Cancer National Alliance** ♀↔

910 17th Street, N.W., Suite 1190  
Washington, D.C. 20006  
866-399-6262  
ocna@ovariancancer.org  
www.ovariancancer.org

An alliance of seven ovarian cancer groups that formed in 1997 with the goal of establishing a coordinated national effort to place ovarian cancer education, policy and research issues prominently on the agendas of national policy makers and women's healthcare leaders.

### **People Living With Cancer Network** @ ↔

888-651-3038  
contactus@cancer.net  
<http://www.cancer.net/portal/site/patient>

Maintained by the American Society of Clinical Oncology, the site provides comprehensive information guides, articles, links for finding oncologists and clinical trials and features an "Ask the ASCO Expert" series. Each month, PLWC

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hosts events that offer patients, families, and the public the opportunity to ask ASCO experts questions about cancer and related topics through anonymous, live, online chats or through month-long question and answer forums. Both the live chats and the question-and-answer forums are hosted by leading cancer experts from around the U.S. Transcripts from all “Ask the ASCO Experts” events and a schedule of upcoming events are available on the website.

### **SHARE** ♀@☀

1501 Broadway, Suite 704A

New York, New York 10036

866-891-2392, 212-719-0364

NYC Breast Cancer Hotline: 212-382-2111, 866-891-2392 (also Latina Hotline)

NYC Ovarian Cancer Hotline: 212-719-1204, 866-537-4273

[www.sharecancersupport.org](http://www.sharecancersupport.org)

Self-help for women with breast or ovarian cancer and co-sponsor of the Lesbian Cancer Initiative cancer survivor’s group. SHARE’s services include hotlines, support groups, educational programs, and advocacy activities.

### **Social Workers: Help Starts Here/Cancer** ↔

[www.helpstartshere.org](http://www.helpstartshere.org)

A resource link for cancer patients provided by the National Association of Social Workers (NASW) for cancer patients.

### **Straight Talk to Kids (STTK)** @ ☺

<http://ci.med.nyu.edu/patientcare/support-services/straight-talk>

STTK is an online resource designed to assist parents, caregivers or other adult family members in talking to children when a parent or a significant family member is diagnosed with cancer or a serious illness. The goal of this program is to provide a useful guide for adults on how to talk with their children about an illness that affects the whole family. Guidance is offered on tailoring this communication to each child’s age and level of understanding.

### **Susan G. Komen for the Cure** ☀↔

877-465-6636

<http://www5.komen.org/>

The Susan G. Komen for the Cure’s mission is to eradicate breast cancer as a life-threatening disease by advancing research, education, screening, and treatment. This organization operates a national toll-free breast cancer helpline that is answered by trained volunteers whose lives have been personally touched by breast cancer. Breast health and breast cancer materials and community outreach materials are available. Staff can respond to calls in Spanish and many materials are available in Spanish.

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### **The Wellness Community @ ☀️**

919 18<sup>th</sup> Street, NW, Suite 54  
Washington, DC 20006  
888-793-WELL

[www.thewellnesscommunity.org](http://www.thewellnesscommunity.org)

The Wellness Community is a national nonprofit organization that seeks to provide support, education and hope to people with cancer and their loved ones. TWC offers professionally led support groups, educational workshops and classes for people affected by cancer.

### **Breast Cancer Network of Strength @ ☀️ ↔**

800-221-2141 (English)  
800-986-9505 (Spanish)

[www.networkofstrength.org/contact/](http://www.networkofstrength.org/contact/)

Breast Cancer Network of Strength provides information and support to anyone who has been touched by breast cancer. The Breast Cancer Network of Strength serves women with breast cancer and their families through their toll-free national hotline (available 24 hours a day), open-door groups, early detection workshops, and support programs. Numerous local chapter offices are located throughout the U.S. A section of the website, hotline, and publications are available in Spanish.

### **Young Survival Coalition ♀@ ↔**

61 Broadway, Suite 2235  
New York, NY 10006  
877-YSC-1011

[info@youngsurvival.org](mailto:info@youngsurvival.org)  
[www.youngsurvival.org/](http://www.youngsurvival.org/)

The Young Survival Coalition (YSC) is the premier international organization dedicated to the critical issues unique to young women and breast cancer. YSC works with survivors, caregivers and the medical, research, advocacy and legislative communities to increase the quality and quantity of life for women diagnosed with breast cancer ages 40 and under. The Young Survival Coalition offers events, volunteer opportunities and several on-line bulletin boards including one for lesbians with cancer.

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**BE GOOD TO YOURSELF:  
Health and Wellness Resources  
- Nutrition -**

**American Dietetic Association** ↔

800-877-0877

[www.eatright.org](http://www.eatright.org)

A professional society of registered dietitians and others working in food- and nutrition-related fields. They provide a toll-free consumer nutrition hotline and referrals to registered dietitians by location.

**American Institute for Cancer Research** \$↔

1759 R Street NW

Washington, DC 20009

800-843-8114

[aicrweb@aicr.org](mailto:aicrweb@aicr.org)

[www.aicr.org](http://www.aicr.org)

The American Institute for Cancer Research is a nonprofit organization that fosters research on diet and cancer prevention and educates the public about the results. Their website offers information and research on food, nutrition and cancer as well as suggested recipes. Much of this information is available in pamphlet form and may be ordered at no cost by telephone.

**Association of Nutrition Services Agencies (ANSA)** \$↔

1015 18th Street, NW #710

Washington, DC 20036

202-737-1011

[www.ansanutrition.org](http://www.ansanutrition.org)

ANSA's mission is to enhance the quality of life of people living with HIV/AIDS and other life-threatening illnesses by strengthening the capability of community-based nutrition support programs.

**Cancer Nutrition Info, LLC** \$↔

[information@p4healthcare.com](mailto:information@p4healthcare.com)

<http://www.caring4cancer.com/go/cancer/nutrition/>

Cancer Nutrition Info is dedicated to providing up-to-date and comprehensive information on the connection between nutrition and cancer. The website has topic areas including complementary and alternative medicine; nutrition related clinical trials; recipes, tips and hints, conventional treatments; common cancer nutrition questions; and treatment symptom management. The website does not

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accept advertising and the organization states that it does not promote or endorse any products, diets, supplements, etc. The service is free.

**Cook For Your Life!** ☼☺\$

info@cookforyourlife.org

www.cookforyourlife.org

A free hands-on cooking and nutrition program for cancer patients, survivors, and their caregivers.

**God's Love We Deliver** ♀☼☺\$↔

166 Avenue of the Americas

New York, NY 10013

212-294-8100

info@glwd.org

<http://www.godslovewedeliver.org>

A free service offering prepared, nutritious, high-quality meals to people whom, because of life-altering illness, are unable to provide or prepare meals for themselves. God's Love also provides illness-specific nutrition education and counseling to clients and their families, care providers and other service organizations. God's Love We Deliver also offers an online and hard copy guide entitled "Nutritional Tips for Breast Cancer Patients."

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**BE GOOD TO YOURSELF:  
Health and Wellness Resources  
- Exercise, Yoga, Meditation and the Healing Arts -**

**Arts in Healthcare – The Creative Center ☼\$**

273 Bowery  
New York, NY 10002  
646-465-5313  
www.thecreativecenter.org

The Creative Center is a community of artists, cancer patients, and survivors, trustees, donors, and friends who are dedicated to bringing creative arts to people living with cancer. Arts in Healthcare is a program offered by The Creative Center which offers free-of-charge workshops in the Creative Center’s office and workshop, as well as bedside in hospitals and hospices throughout the New York area.

**Om Yoga – Libby Ross Foundation \$**

212-831-9592  
yoga@thelibbyrossfoundation.com  
www.thelibbyrossfoundation.com

A yoga program for survivors of all women’s cancers created by Yoga Alliance certified instructors using breathing exercises, gentle movement, and relaxation techniques. Under sponsorship from the Libby Ross Foundation and OM Yoga Center, the weekly classes are free. Participants of all ages and stages of survivorship are welcome.

**Ralph Lauren Center for Cancer Care & Prevention**

1919 Madison Ave,  
New York, NY  
212-987-1777 ext.5349

Yoga classes are offered through the Wellness & Survivorship Program. Classes are free of charge, but you must call first to register.

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## **Team Survivor NYC**

310 West 120th Street, # 4C

New York, NY 10027

212-600-1093

[info@teamsurvivor-nyc.org](mailto:info@teamsurvivor-nyc.org)

<http://www.teamsurvivor-nyc.org/>

Team Survivor NYC has created a network for women affected by cancer, providing a variety of fitness activities, education and support while taking an active role in their well-being. They have an extremely extensive schedule of programs and activities.

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**BE GOOD TO YOURSELF:  
Health and Wellness Resources  
- Self-Image -**

**Look Good...Feel Better @ ☀**

800-395-LOOK

<http://www.lookgoodfeelbetter.org/index.htm>

<http://www.2bme.org/2bMe.html>

Look Good...Feel Better is a free, non-medical, brand-neutral, national public service program to help women offset appearance-related changes from cancer treatment. They offer group programs for women in English and Spanish as well as programs for teens. LGFB also offers one-on-one services based in salons, "self-help" kits for those who can't access a local program and a hotline with trained specialists who speak a variety of languages. The LGFB program for teens also has an online component called 2bMe providing information on topics such as skin, hair care, nutrition, and fitness.

**Shop Well With You @ ↔**

Shop Well with You

P.O. Box 1270

New York, NY 10009

800-799-6790

[info@shopwellwithyou.org](mailto:info@shopwellwithyou.org)

[www.shopwellwithyou.org](http://www.shopwellwithyou.org)

Shop Well With You is a non-profit organization with the goal of being a body-image resource for women surviving cancer, their caregivers and healthcare providers. On the website, users will find customized clothing tips arranged by cancer-related treatments and side effects; a directory of cancer-specific products such as swimsuits and head coverings as well as where these items can be located, guidance on how to use clothing and accessories to maintain a positive body-image during and after treatment, and articles and books focused on body-image, clothing, cancer, and wellness.

**Where There's A Need @ ☀\$**

Where There's A Need Inc.

P.O. Box 310998

Jamaica, NY 11431

866-803-6095

[Charitee123@yahoo.com](mailto:Charitee123@yahoo.com)

[www.wheretheresaneed.org](http://www.wheretheresaneed.org)

Where There's a Need is a non-profit organization that provides support and encouragement for women and children with cancer, who have experienced hair loss due to radiation and chemotherapy cancer treatment. They design and manufacture unique hair scarves in a variety of colors and sizes that can be worn as an alternative to a wig. Scarves can also be customized upon request. WTAN's hair scarves are donated and available at no cost through a number of cancer hospitals and through the American Cancer Society wig program in Rego Park, Queens.

♀ - LBT Specific / Options Available

☺ - Family Support Services

@ - Tel. / Online Support Services

☀ - In-Person Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service



**BE GOOD TO YOURSELF:  
Health and Wellness Resources  
- Health and Hygiene Supplies -**

**Cancer Fund of America \$**

865-938-5281

<http://www.cfoa.org/home.htm>

Cancer Fund of America is a non-profit organization set up to help cancer patients, hospices, and other non-profit healthcare providers by way of sending products free of charge directly to them, when there is a financial need. Basic supplies such as liquid nutritional drinks, exam gloves, bedpans, and diapers are available. Information about how to apply is available on their website.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☀ - In-Person Support Services

**BE GOOD TO YOURSELF:  
Health and Wellness Resources  
- Trips and Retreats -**

**Casting for Recovery** \$

P.O. Box 1123  
3738 Main Street  
Manchester, VT 05254  
888-553-3500  
info@castingforrecovery.org  
www.castingforrecovery.org

Casting for Recovery, founded in 1996, is a national non-profit support and educational program for breast cancer survivors. They enhance the lives of survivors by offering no cost fly-fishing retreats tailored to promote and support mental and physical healing through shared experiences and the learning of new skills.

**Healing Odyssey** \$

23591 El Toro Rd.  
Suite 214  
Lake Forest, CA 92630  
949-951-3950  
connect@healingodyssey.org  
www.healingodyssey.org

Healing Odyssey is a nonprofit organization providing recovery and cancer support programs for cancer survivors. Their programs offer the practical tools, skills building and support needed to cope effectively with the life-altering effects of a cancer diagnosis and treatment. They offer one-day, three-day, women's only and couples retreats throughout the year in Laguna, CA, for a low fee, which includes lodging and all meals. The founders of Healing Odyssey made a commitment that no one would be turned away because of inability to pay. Airfare and other travel expenses not included.

**Stowe Weekend of Hope** ☺\$

888-247-8693  
info@stowehope.org  
http://www.stowehope.com

3-day weekend retreat provides an annual forum for education, enlightenment and recreation for cancer patients and survivors with any type of cancer, and their families in the restorative environment of Stowe, VT. The retreat presents nationally recognized oncology specialists from around New England, who provide free lectures and seminars featuring the latest findings on cancer prevention and treatment. The weekend offers many additional workshops focused on healing, comfort, spiritual enlightenment and communion. Stowe lodge/hotel owners donate hundreds of free rooms to cancer survivors and their loved ones, which keeps lodging and the retreat experience free. Attendees incur meal expenses only.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☀ - In-Person Support Services



## **Two Roads Maine**

P.O. Box 415

Freeport, Maine 04032

207-865-4517

[www.tworoadsmaine.org](http://www.tworoadsmaine.org)

Two Roads Maine offers healing retreats in natural settings for people with serious or life threatening illnesses. Programs include sea kayaking, canoeing, and hiking trips at a variety of locations in Maine, as well as other wilderness settings throughout the U.S. and Canada. Fees for the 4-7 day retreats range from \$300 to \$725 per person; inclusive of meals and accommodations. Scholarships are available.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☀ - In-Person Support Services



**BE GOOD TO YOURSELF:  
Health and Wellness Resources  
- Complementary and Alternative Medicine -**

**The Annie Appleseed Project** ↔

annieappleseedpr@aol.com

[www.annieappleseedproject.org](http://www.annieappleseedproject.org)

A non-profit dedicated to challenging the existing treatment paradigm, questioning the existing research methods and subjects, and proposing new directions for both ending with true Integrative Oncology. The program is designed to bring information on complementary and alternative therapies to the mainstream.

**Integrative Medicine at Memorial Sloan Kettering Cancer Center**

↔

[www.mskcc.org/mskcc/html/1979.cfm](http://www.mskcc.org/mskcc/html/1979.cfm)

The Integrative Medicine Service at Memorial Sloan-Kettering Cancer Center was established in 1999 to complement mainstream medical care and address the emotional, social, and spiritual needs of patients and families. The Service includes inpatient and outpatient clinical care, research, education and training, and unique access to otherwise unavailable information about over-the-counter products and unproven cancer treatments and their impact in the context of cancer care via our "About Herbs" database.

**You Can Thrive!** ☼

917-463-4267

[www.youcanthrive.org](http://www.youcanthrive.org)

The You Can Thrive! Foundation creates patient-centered programs that promote better health after breast cancer. The unique wellness model has professional volunteers who encourage survivors by providing information, educational resources and services to help them tailor a personalized long-term 'survivorship plan' including environmental and physical risk reduction, wellness services, peer support and advocacy.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☼ - In-Person Support Services

**TRAVELING FOR TREATMENT:  
Resources  
- Transportation (Air and Ground) -**

**Transportation (Ground)**

**New York Metropolitan Transit Authority: Access-a-Ride**

718-694-3581

[www.mta.info/nyct/paratran](http://www.mta.info/nyct/paratran)

A program provided by the MTA for those individuals who are not able to use regular public transportation. The Access-a-Ride service provides a van that is wheelchair accessible and will take a client door-to-door for medical treatments as well as social engagements.

**American Cancer Society's (ACS) Road to Recovery**

800-ACS-2345

[http://www.cancer.org/docroot/COM/content/div\\_Southeast/COM\\_4\\_2x\\_Road\\_to\\_Recovery\\_Service\\_Program.asp?sitearea=COM](http://www.cancer.org/docroot/COM/content/div_Southeast/COM_4_2x_Road_to_Recovery_Service_Program.asp?sitearea=COM)

An ACS program which provides transportation for cancer patients to their treatments and home again.

**Transportation (Air)**

**Air Charity Network ☺ \$**

800-549-9980

<http://aircharitynetwork.org/>

Air Charity Network provides access for people in need seeking free air transportation to specialized health care facilities or distant destinations due to family, community or national crisis.

**Corporate Angel Network Inc. ☺ \$**

866-328-1313

[info@corpangelnetwork.org](mailto:info@corpangelnetwork.org)

[www.corpangelnetwork.org](http://www.corpangelnetwork.org)

Arranges free air transportation for cancer patients going to and from approved treatment centers, utilizing empty seats aboard corporate aircraft.



## **National Patient Travel Helpline \$**

800-296-1217

[info@nationalpatienttravelcenter.org](mailto:info@nationalpatienttravelcenter.org)

[www.patienttravel.org](http://www.patienttravel.org)

A program provided by the MTA for those individuals who are not able to use regular public transportation. The Access-a-Ride service provides a van that is wheelchair accessible and will take a client door-to-door for medical treatments as well as social engagements.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☀ - In-Person Support Services

**TRAVELING FOR TREATMENT:  
Resources  
- Lodging near Hospitals -**

**Hope Lodge**

800-ACS-2345

<http://www.cancer.org/docroot/subsite/hopelodge/index.asp>

Hope Lodge is a program of the American Cancer Society. There are 22 Hope Lodges throughout the country. The lodges offer free, temporary housing facilities for cancer patients who are undergoing treatment and seek to provide a “home-like nurturing environment.” Accommodations and eligibility varies by location.

**Joe’s House** ↔ ☺

877-563-7468

[info@joeshouse.org](mailto:info@joeshouse.org)

[www.joeshouse.org](http://www.joeshouse.org)

A non-profit organization with the mission “to be a housing resource for cancer patients and their families who must travel away from home for medical treatment.” Cancer treatment centers and lodging facilities are listed on their website and are also accessible by phone.

**National Association of Hospital Hospitality Houses, Inc.** ☺

800-542-9730

[www.nahhh.org](http://www.nahhh.org)

A non-profit corporation serving facilities that provide lodging and other supportive services to patients and their families when confronted with medical emergencies. Each facility seeks to assure a “homelike environment” for patients and their families traveling for medical care.

**Miracle House** ↔ ☺ ☼

[www.miraclehouse.org](http://www.miraclehouse.org)

Miracle House provides housing, meals, and advocacy to caregivers and patients coming to NYC for critical medical treatment. Visitors can stay, on a temporary basis, in a clean, safe, furnished apartment for a low-fee with breakfast provided free of charge. Reservations are suggested and a referral from a medical or social service provider is required. A caregiver must accompany a patient during her stay. Social service support and resource links are also provided.



### **Chelsea Lodge** ♀ ☺

318 West 20th Street  
New York, New York 10011  
chelsealodge@mindspring.com  
www.chelsealodge.com  
800.373.1116

Chelsea Lodge is a recently renovated hotel located in the heart of the historic Chelsea district in New York City. The 22-guest room European-style hotel is gay-friendly, conveniently located to all of New York City, secure, private, and quiet.

### **Chelsea Pines Inn** ♀ ☺

317 West 14th Street  
New York, NY 10014  
212.929.1023  
mail@chelseapinesinn.org  
www.chelseapinesinn.org

Chelsea Pines Inn is located in a five story walk-up row house that was built as a private home in the 1850's. In the 1980's, the building was transformed into a charming gay owned and operated hotel, within walking distance to public transportation.

### **Chelsea Savoy Hotel** ♀ ☺

204 West 23<sup>rd</sup> Street  
New York, NY 10011  
866-929-9353  
info@chelseasavoynyc.com  
www.chelseasavoynyc.com

Located in the gay-friendly Chelsea neighborhood of NYC, the hotel is moderately priced and handicapped accessible and features a 24 hour front desk, daily continental breakfast, and wireless internet.

### **Colonial House Inn** ♀ ☺

318 West 22<sup>nd</sup> Street  
New York, NY 10011  
800-689-3779  
www.colonialhouseinn.com

A Chelsea landmark and original home of the GMHC offices, the Colonial House Inn offers private rooms, a daily continental breakfast, and easy access to all of Manhattan.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☼ - In-Person Support Services

**EDUCATE YOURSELF:  
Books, Films, and Articles on Cancer  
- Books (Personal Stories) -**

**Cancer in Two Voices** ♀

By Sandra Butler and Barbara Rosenblum (Spinsters Books, 1991)

When *Cancer in Two Voices* was first published in 1991, one out of every nine women in the U.S was at risk of developing breast cancer. Now, as the second edition of this popular book is released, we learn that the odds of getting breast cancer have increased to one in eight. When her advanced breast cancer was diagnosed in 1985, Barbara Rosenblum realized that she was "only the first" among her friends to get sick. Rosenblum and her lesbian partner, Sandra Butler, resolved to make the most of their remaining years together. One of the things they did was write this book. Butler and Rosenblum's separate diary entries describe the social and emotional, as well as the physical, effects of breast cancer on their lives. – Amazon.com

**Hidden Spring: A Buddhist Woman Confronts Cancer** ♀

By Sandy Boucher (Wisdom Publications, 2000)

To an outsider, Buddhist meditation can appear self-indulgent, time frittered away buttressing an intransigent ego. To an insider, such as Sandy Boucher, the dividends of meditation can come at unforeseen times, under extreme circumstances, such as facing down malignant cancer. Boucher, a counterculture patchwork of pursuits and causes, sews together a memoir of suffering to rival any proof of the Buddha's first noble truth. Although her surgery is a success, like so many other cancer victims Boucher's battle with chemotherapy causes the most damage. Having lost her home, her lover, and her health, Boucher collapses into the spiritual arms of her longtime meditation teacher Ruth Denison. Parallel to the drama of the cancer, we are treated to a mini-biography of Denison, who proves to be an oasis of sanity in the desert of Boucher's life. Honest, occasionally compelling, and often unusual, Boucher's story contains glimmers of Buddhism's light amid many shadows of human frailty. – Amazon.com

**The Cancer Journals** ♀

By Audre Lorde (Spinsters Ink, 1980)

First published in 1980, the new edition brings together posthumous tributes to Lorde from such writers and poets as Margaret Randall, Jewelle Gomez, and Barbara Smith, among others. The forthrightness and ferocity with which Audre Lorde greeted every social injustice is in full force in this courageous exploration of her breast cancer and mastectomy. Using the journal, memoir, and essay forms, Lorde gives voice to her "feelings and thoughts about the travesty of prosthesis, the pain of amputation, the function of cancer in a profit economy, confrontation with mortality, the strength of women loving, and the power and rewards of self-conscious living." Lorde powerfully weaves together the three literary forms, allowing her to leap from raw expressions of pain to her inimitably astute social observations. Lorde began writing her journal entries six months after her radical mastectomy; they illustrate her process of integrating the crisis into her life, retelling her experience from detection to follow-up therapies. – Amazon.com

## **Cancer as a Women's Issue** ♀

Ed. Midge Stocker (Third Side Press, 1991)

*Cancer as A Women's Issue* features a piece on lesbians and cancer written by Midge Stocker, who founded the Women's Cancer Resource Center, and another on the relationship between environmental contaminants and cancer by biologist Sandra Steingraber. The diversity of the essays is outstanding, with writings by cancer survivors and their loved ones, describing their diagnosis, their search for information and their differing experiences of a variety of treatments. Most of the essays are quite short and highly intimate. The overall effect of the two books is empowering, although there is no attempt to omit the frightening truths about cancer. These books inspire us to fight for our lives, and give us the knowledge and support we need for our struggle. – Amazon.com

## **My Healing From Breast Cancer**

By Barbara Joseph M.D. (Keats Publishers, 1996)

Both spiritual and physical issues are addressed in a title written by a physician who was treated for and survived breast cancer. From using herbs and supplements to nourish body and soul to understanding different approaches to healing, this includes many insights from a doctor and patient's dual perspective. – Amazon.com

## **When Things Fall Apart**

By Pema Chodron (Shambhala Press, 2000)

Chodron's book is filled with useful advice about how Buddhism helps readers to cope with the grim realities of modern life, including fear, despair, rage and the feeling that we are not in control of our lives. Through reflections on the central Buddhist teaching of right mindfulness, Chodron orients readers and gives them language with which to shape their thinking about the ordinary and extraordinary traumas of modern life. But most importantly, Chodron demonstrates how effective the Buddhist point of view can be in bringing order into disordered lives. – Amazon.com

## **Hope Lives!: The After Breast Cancer Treatment Survival Handbook** ↔

By Margit Esser Porter (HIC Publishers, 2000)

*Hope Lives* addresses the difficult period after initial treatment when understanding, encouragement, and practical advice from women who have experienced the disease first hand is most needed. Compiled from hundreds of questionnaires received from all across the country, and including a foreword by noted oncologist Dr. Annette Furst of Boston's Faulkner Breast Centre, *Hope Lives!* offers wisdom, hope, and inspiration from those who have been there. This single volume contains advice from celebrities and non-celebrities alike, all of them living with breast cancer. Covering issues from posttraumatic stress to fatigue, menopause, weight gain, lymphedema, and recurrence--and complete with a resource section and illustrations of suggested yoga postures--*Hope Lives!* provides the support you need to see you through all those days and years to come. – Amazon.com

**EDUCATE YOURSELF:  
Books, Films, and Articles on Cancer  
- Books (Cancer Information) -**

**Comprehensive Cancer Care: Integrating Alternative, Complementary, and Conventional Therapies**

By James Gordon M.D. and Sharon Curtin (Perseus Publishers, 2000)  
*Comprehensive Cancer Care*, which Gordon wrote with patient advocate and author Sharon Curtin, is an authoritative, eloquent guide to more experimental methodologies that have demonstrated improvements in quality of life and life expectancy, or in fact have reversed cancer's destructive trajectory, for patients with all stages of cancer. They address the efficacy of therapeutic diets, such as German physician Max Gerson's detoxifying routine and Michio Kushi's macrobiotic regimen; Houston doctor Stanislaw Burzynski's controversial treatment using antineoplastons, or short chains of amino acids; Dr. Nicholas Gonzalez's pancreatic enzyme therapy; mind-body techniques such as hypnosis, meditation, and self-expression; and the use of phytonutrients such as green tea, melatonin, and a mushroom called *Maitake-D*. Interspersed among the discussions of each approach are moving stories of patients who, dissatisfied with the standard, impersonal, and discomfiting steps of surgery, radiation, or chemotherapy, have come to Gordon's mind-body facility in search of other, more empowering techniques for combating the disease, often with amazing results.

**Guide to Quality Breast Cancer Care**

By The National Breast Cancer Coalition Fund.  
Call toll free 1-866-624-5307 for a free copy or download a copy from the NBCCF's website at [www.stopbreastcancer.org](http://www.stopbreastcancer.org).

**Prepare for Surgery, Heal Faster**

By Peggy Huddleston (Angel River Press, 1996)  
Both spiritual and physical issues are addressed in a title written by a physician who was treated for and survived breast cancer. From using herbs and supplements to nourish body and soul to understanding different approaches to healing, this includes many insights from a doctor and patient's dual perspective.

**Dr. Susan Love's Breast Book**

Dr. Susan Love's Breast Book has been considered the bible of breast-care books since it appeared in 1990. Love presents medical information in a simple, welcoming style and plentiful illustrations make the information even clearer. About two-thirds of the book deals with breast cancer: risk factors, prevention, screening, diagnosis, staging, emotions, treatment options, surgery, alternative treatments, clinical trials, and more. But the book isn't just about breast cancer. It's also about breast development, physiology, bras, nursing, sexuality--if it has to do with breasts, Love discusses it. Love also debunks breast myths: underwire bras do not cause cancer, neither do bruises or injuries; "fibrocystic disease" isn't really a disease. The book includes a wealth of resources: books, treatment centers, and organizations. --amazon.com

♀ - LBT Specific / Options Available

☺ - Family Support Services

30

@ - Tel. / Online Support Services

☼ - In-Person Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

**ADDITIONAL RESOURCES**  
- Health Insurance and Entitlements -

**Benefits Check-Up** @↔

[www.benefitscheckup.org](http://www.benefitscheckup.org)

Benefits Check Up is developed and maintained by the National Council on Aging (NCOA) and is a national, comprehensive Web-based service to screen for benefits programs for seniors with limited incomes and resources. Includes public and private benefits programs including prescription drugs, nutrition (including Food Stamps), energy assistance, financial, legal, health care, Social Security, housing, in-home services, tax relief, transportation, educational assistance, employment and volunteer services.

**Cancer Advocacy Project** ☀@\$

212-382-6629

<http://www.abcnyc.org/citybarfund/OurPrograms.htm#economic>

The Cancer Advocacy Project was established by the NYC Bar Fund in 1994 as part of the larger Community Outreach Law Program to provide direct representation and advocacy services to cancer patients, cancer survivors and their families at no cost. Volunteer employment and insurance law attorneys provide in-person consultations and representation. Assistance is also offered for writing/preparing Wills, and issues surrounding Insurance and Employment Rights.

**NYC MCCAP: New York City Managed Care Consumer**

**Assistance Program** ☀↔

212-614-5400

[mccap@cssny.org](mailto:mccap@cssny.org)

[www.nycmccap.org](http://www.nycmccap.org)

NYC MCCAP consists of more than 20 not-for-profit agencies in throughout NYC to assist consumers and their advocates obtain information, counseling, assistance on managed care issues and navigating Medicaid, Medicare, Child Health Plus, Family Health Plus, and commercial insurance. Interpreter services are available for non-English speakers.



## **Health Insurance Information Counseling and Assistance Program (HIICAP) @☀↔**

In NY: Health Insurance Information Counseling and Assistance Program (HIICAP)

800-701-0501

[www.hiicap.state.ny.us](http://www.hiicap.state.ny.us)

In NJ: State Health Insurance Assistance Program (SHIP)

800-792-8820

<http://www.state.nj.us/health/senior/ship.shtml>

HIICAP is the New York State wing of the national State health Insurance Assistance Program (SHIP) that offers one-on-one counseling and assistance to people with Medicare and their families. Through federal grants directed to states, SHIPs provide free counseling and assistance via telephone and in-person interactive sessions, public education presentations and programs, as well as media services.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☀ - In-Person Support Services

**ADDITIONAL RESOURCES**  
**- Prescription and Co-Pay Assistance Programs -**

**Healthwell Foundation** \$

800-675-8416

info@healthwellfoundation.org

www.healthwellfoundation.org

The Healthwell Foundation provides copayment and premium payment assistance to eligible individuals unable to afford the copayment for prescribed medications or the premium for their insurance carrier.

**NeedyMeds** ↔

215-625-9609

[www.needymeds.com](http://www.needymeds.com)

NeedyMeds is an online resource for people who need assistance with the cost of medicine and other healthcare expenses. They self-describe as a “yellow pages” for this type of assistance and as a source of information. They do not distribute, prescribe, or evaluate medication.

**Partnership for Prescription Assistance** @↔

888-477-2669

[www.pparx.org](http://www.pparx.org)

The Partnership for Prescription Assistance offers a single point of access to more than 475 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies. Patients can be screened for eligibility and begin enrollment applications for medication assistance programs by calling or visiting the website.

**Patient Access Network** \$↔

866-316-7263

contact@patientaccessnetwork.org

[www.patientaccessnetwork.org](http://www.patientaccessnetwork.org)

The Patient Access Network Foundation is a non-profit organization dedicated to supporting the needs of patients that cannot access the treatments they need due to out-of-pocket health care costs.

**PAF: Patient Advocate Foundation** @↔

800-532-5274

help@patientadvocate.org

[www.patientadvocate.org](http://www.patientadvocate.org)

The Patient Access Advocate Foundation is a national non-profit organization that seeks to safeguard patients’ access to care, maintenance of employment, and preservation of their financial stability. The website has many information links on blood cancers.



**PSI: Patient Services Incorporated** ☺ @ \$ ↔

800-366-7741

[www.uneedpsi.org](http://www.uneedpsi.org)

The Patient Access Advocate Foundation is a non-profit organization primarily dedicated to subsidizing the high cost of health insurance premiums and pharmacy co-payments for persons with specific chronic illnesses and rare disorders. Families requiring assistance in maintaining the high cost of their health insurance premiums or co-payments are offered assistance based upon the severity of medical and financial need.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

\$ - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☼ - In-Person Support Services



**ADDITIONAL RESOURCES**  
**- Legal Assistance, Wills, Employment Rights -**

**Cancer Advocacy Project** ☼@💰

212-382-6629

<http://www.abcnyc.org/citybarfund/OurPrograms.htm#economic>

The Cancer Advocacy Project was established by the NYC Bar Fund in 1994 as part of the larger Community Outreach Law Program to provide direct representation and advocacy services to cancer patients, cancer survivors and their families at no cost. Volunteer employment and insurance law attorneys provide in-person consultations and representation. Assistance is also offered for writing/preparing Wills, and issues surrounding Insurance and Employment Rights.

**CLRC: Cancer Legal Resource Center** ☼@☺\$↔

866-843-2572

[clrc@lls.edu](mailto:clrc@lls.edu)

<http://www.lls.edu/academics/candp/clrc.html>

The CLRC is a community-based joint program of the Disability Rights Legal Center and Loyola Law School. The CLRC provides free and confidential information and resources on cancer-related legal issues to people with cancer, their families, friends, employers, health care professionals, and others coping with cancer. The CLRC has a national toll free telephone assistance line where callers can receive information about laws and resources relevant to their situation. Staffed by a volunteer panel of attorneys and other professionals, the CLRC has extensive resources on a broad range of cancer-related legal issues including health insurance, employment, government benefits, estate planning, advance health care directives, family law, and consumer assistance.

**National Center for Lesbian Rights** ♀☼@☺↔

415-392-6257

[info@nclrights.org](mailto:info@nclrights.org)

[www.nclrights.org](http://www.nclrights.org)

NCLR is a non-profit, public interest law firm which litigates precedent-setting cases at the trial and appellate court levels; advocates for equitable public policies affecting the LGBT community; provides free legal assistance to LGBT people and their legal advocates; and conducts community education on LGBT legal issues.

♀ - LBT Specific / Options Available

@ - Tel. / Online Support Services

↔ - Resource Link

💰 - Financial/Employment Assistance/ Free Service

☺ - Family Support Services

☼ - In-Person Support Services

**ADDITIONAL RESOURCES**  
**- Wish-Granting Organizations -**

**Dream Foundation**

[www.dreamfoundation.org](http://www.dreamfoundation.org)

The Dream Foundation was the first national wish-granting organization for adults age 18 years and older. The mission of the Dream Foundation is to enhance the quality of life for individuals and families battling terminal illness.