

Y.E.S. Activities: Everyone Welcome!

SATURDAY is for EVERYONE! Great place for new young people to come and join in. Don't miss it!

3:00PM - 4:30PM **DISCUSSION GROUP:** Weekly topics...from queer history to sex to gender to relationships and more!

4:30PM - 5:00PM **COMMUNITY SOCIAL:** We end the day with socializing and snacks!

ACTIVITY GROUPS Are happening each day of the week, Each day is different, each week there is something new to make or do. Activities include lanyard, beading, knitting, weaving, cutting, pasting, drawing, painting, writing, board games and more.

AQUARITEAM: Come to the Aquariteam to learn about and take care of the Y.E.S. fish and clean the fish tank. After that enjoy a great game of Uno, Jenga, Boggle, or a surprise! Wednesdays, 3pm-4pm. For more information, talk to Jenny D!

BLU (BOYS LIKE US): Join us for this new open discussion group for young people who identify on the masculine-spectrum including AGs, butches, bois, and/or trans guys. Talk to V! Wednesdays 6:30pm-7:30pm.

COME IN... STEP OUT! Join us for this new open-group that will explore the coming-out process. Each week we will discuss a different aspect of coming out; topics will include: Coming out to yourself; online; and to friends and family. Talk to Hope! Wednesdays 4pm-5:30pm.

DROP-IN COUNSELING services are available at Y.E.S. See calendar for days and times. Just tell Martin at the welcome desk that you want to see a counselor and he will arrange it. *If you are new to Y.E.S. please come to drop-in to sign up before attending a group.*

EDUCATION DROP-IN: Need to talk to someone about going back to school, applying to college or a GED or ESL program, improving your grades, or anything else related to your education or academic goals? Interested? Talk to Ricardo! Tuesdays from 5pm-6pm.

FRé is specialized drop-in groups that meet on Tuesdays (Music production) from 4:00-5:30 and Thursdays (Poetry/Spoken Word) from 3:30-5:00pm. If you are interested in music and poetry, come check us out. Talk to Jennella about it!

FUTURE LOVERS: What were you told your future should look like? And by who? What is standing in your way of reaching your ideal future? What type of relationship do you see yourself in, how to get and maintain it? Join us for this new open-group that will explore your future. Talk to Noam about it! Thursdays 6:30pm-7:30pm.

GAYMERS: Are you into D&D? Yu-Gi-Oh? Pokemon? Or other games—come play with us! Thursdays from 3pm-4pm. Talk to Jennella for more information.

GENDER X: Come explore gender in this weekly drop-in group which involves discussion, arts, media, and film. Gender X is Tuesdays from 5pm-6:30pm. Talk to Christine for more information.

JOB & SCHOLARSHIP HOUR: Work on a resume, search for jobs online, search for scholarships, work on applications, and more for your work and college needs. Thursdays from 4pm-5pm. Ask Christine for details.

LYFE SKILLZ: This group helps LGBT youth develop practical skills for every day life. For example, participants learn how to apply for and receive IDs, how to get bank accounts and learn about credit and check writing, resume writing and employment application process, looking for housing, applying for scholarships and financial aid for school, learning about and applying to colleges and universities, and learning how to fill out forms—health care, college, jobs, IRS, financial and so on! Wednesdays from 5:30pm-6:30pm. For more information, speak to Christine!

OPEN LAB: Sign up for 15-minute slots at a computer to check e-mail, surf online, or do quick research on the Internet. Tuesday through Friday, from 3:00pm-4:00pm. For more info, talk to Christine.

OUTSPOKEN VIEWS: Come and write! Make a magazine filled with art, photos, poems, stories, quotes and questions. Want to help create the next issue? Join Ricardo on Tuesdays from 4pm-5pm.

RATED Q: is a weekly queer film screening followed by discussion. Fridays, 5:30pm-7:30pm. Questions or Movie ideas?? Talk to Raul/Tyhierry or Ricardo.

SAFE SCHOOLS NETWORK MEETING: Come to our Safe Schools Network Meeting A.K.A. Giant GSA Meeting A.K.A. THE RAINBOW ALLIANCE! Meet other High School Students who are involved in their Gay-Straight Alliance OR learn how to start a Queer Club at your school. These meetings are facilitated by our very own Safe Schools Interns and dinner is provided! Have questions? You can talk to Ricardo or Brian.

SEX +: SEX + ... what does it mean? We think it means, sex plus...., sex positive...sex and... SEX + is a weekly drop-in group where we make safer sex kits, learn and talk about safer sex, sexual health and sexuality. We have games, activities, discussion, and safer sex kit making. Thursdays from 5pm-6:30pm. Questions?? Talk to Jennella or Raul.

SNAP!: A safe place to practice voguing, dancing, runway, and extravagant queer self expression! Want to know more about this? Talk to Raul/Tyhierry! Tuesdays from 3:30pm-5:30pm!

STUDY HALL: Is a quiet time for you to focus on your educational goals. Whether you need to do research online, type a report, look up info about colleges, education programs, scholarships or other resources related to your education, Study Hall provides a space for you to get your work done! Interested? Speak to Ricardo! Thursdays: 5pm-6pm

YES! YOGA: Stretch, breathe, relax, Vinyasa! Stop by Tuesdays, 4pm-5pm to open your mind, body, and spirit for some self care. Questions? Talk to Brian. **{OM}**

YOUNG MEN'S GROUP: If you're a young man who wants to talk about coming out, relationships, safer sex, and more, stop by Fridays, 4pm-5:30pm. Questions? Talk to Ricardo or Raul/Tyhierry.

YOUNG WOMEN'S GROUP: This is a shout out to all young women who want to talk about things like relationships, safer sex, coming out, body image, etc with other women. Fridays, 4pm-5:30pm. For more information, talk to Jennella or Hope.

NEW AGENDA: A closed dance group in which we explore body movement and self-expression through various forms of dance. Talk to Raul/Tyhierry for details. Saturdays: 3pm-4:30pm.

EYES (ENTERTAINMENT Y.E.S.): EYES is a Sexual Health Leadership Team, where you get trained on safer sex and healthier choices & you work with your team of peer educators on creating special events that deliver a safer sex message to other LGBTQ youth. Questions?? Talk to Raul/Tyhierry.

PEER EDUCATION INTERNSHIP: Want to become a leader in the Y.E.S. program? A closed group for training Y.E.S. interns. Please talk to V or Christine.

SAFE SCHOOLS INTERNSHIP: Safe Schools Interns receive training on a variety of topics including facilitation skills. Interns also organize and run a network of Gay/Straight Alliances in NYC. This is a closed group. If you are interested in more information, talk to Ricardo or Brian.

SAT PREP: Need to take the SATS? Need some help preparing? Want to learn about how to apply for financial aid? Let us help you! Thursdays for 10 weeks. If you are interested in more information, talk to Christine.

OATS—TECH INTERNSHIP: Technology Interns work in collaboration with OATS (Older Adults Technology Services) to assist older adults in learning computers for basic needs. Interns work with a trainer to deliver lessons in a classroom setting for a group of seniors from SAGE (Services and Advocacy for GLBT Elders). This is a closed group, but if you are interested in more information, talk to Christine.

WORKING IT OUT: Join other young people like yourself and explore some of the most challenging, exciting, and empowering experiences of the coming out process. This is a closed group, so if you are interested in joining talk to V or Amy before the first session for more information.

YOUTH PRIDE CHORUS ORIENTATIONS: Do you like to sing and have fun? YPC is a program of the *New York City Gay Men's Chorus* and the *LGBT Community Center* of New York and is one of the first programs of its kind in the country. YPC is open to LGBT and allied youth ages 13-21. There is no charge for participation in YPC. For more information ask Raul/Tyhierry or Amy.



Youth Enrichment Services of the Lesbian, Gay, Bisexual & Transgender Community Center



Welcome to Y.E.S.!!

The guiding principle behind all Y.E.S. programming is to empower youth by nurturing their strengths, expertise, and hope, and provide opportunities for support, leadership, skills development, and creative self-expression within a safe and supportive community of peers and adults. All services are free of charge and available to young people who identify as lesbian, gay, bisexual, transgender, or "questioning" between the ages of 13-21.

The Y.E.S. Staff Are Here to Help!

Jenny	Brian	V	Hope
Jennella	Noam	Raul/Tyhierry	
Christine	Martin	Ricardo	
Brian	Amy	Kathy	Zola

DIRECTIONS: A,C,E, L or 1,2,3, trains to 14th St. The Center is located at 208 West 13th Street, between 7th and 8th Avenues.

Accessibility Notes:

All of our activities are wheelchair accessible except for our Saturday programming.

Please call one week in advance if you need an ASL interpreter.



THE H.O.T.T VAN WILL BE HERE THE 1st, 3rd, & 4th WEDNESDAY OF EVERY MONTH from 3:00PM-4:30PM. THEY WILL BE OFFERING

FREE & CONFIDENTIAL HEALTH CARE TO YOUTH. THIS INCLUDES MEDICAL CARE, COUNSELING, CASE MANAGEMENT & HIV COUNSELING & TESTING. TALK TO V FOR MORE INFORMATION.



Hello all!! Don't forget we're going to be closed from April 4th to April 12th. We'll Re-open on **Tuesday, April 13th, 2010.** Also, shout outs to all the new interns for E/Yes, OATS, and the additions to the New Agenda!!! Remember: April showers bring May flowers!!!